

Shasta Track Records

Updated	6/2/2018		
Girls			
Event	Athlete	Mark	Year
100M	Georgina Pugh	12.4 c	1978
200M	Dori Parker	25.2 c	1981
400M	Georgina Pugh	59.6 c	1979
800M	Lara James	2:16.89	2011
1600M	Lara James	5:04.25	2011
3200M	Krissy Look	10:56.0	1990
4X100M	Molly Ross, Jessica Tombs, Rebakah Boyle, Hannah Maze	49.60	2015
4X400M	Shawn Hoose, Yvonne McManus, Lori Peters, Georgina Pugh	4:00.3 c	1978
100M HH	Molly Ross	14.69	2015
300M LH	Molly Ross	44.39	2016
Pole Vault	Solee Meidus	10'0"	2017
High Jump	Liv Thorsud	5' 5"	1978
Long Jump	Brittany Ivie Eboigbodin	17'6'	2013
Triple Jump	Niki Jenkins	35' 9"	1997
Shot Put	Claire Miller	42' 2 1/2"	2003
Discus	Jazmin Porter	140' 0"	2010
Boys			
Event	Athlete	Mark	Year
100M	Mariano Cardoza Valdez	10.94	2015
200M	Kenyon Riley	22.30	2018
400M	Jim Bryant	49.0 c	1970
800M	Mark Elwell	1:55.4 c	1976
1600M	Chris Dawson	4:20.00	1991
3200M	Chris Dawson	9:22.09	1990
4X100M	Davis Pistorius, Kyale Muckel, Kyle Catanese, Mariano Cardoza Valdez	43.51	2015
4X400M	Keith Fleuret, Ryan Rusch, Dan Kuehl, Marc Burleson	3:25.4	1989
110M HH	Pat Duffy	14.08	1983
300M LH	Chris Stevens	40.00	2004
High Jump	Pat Duffy	6' 8"	1983
Pole Vault	Max Richmond	15'0	2017
Long Jump	Chris Harbour	22' 7"	1990
Triple Jump	Robert Kirvin	45' 7 1/2"	2004
Shot Put	Greg Husten	61' 5"	1999
Discus	Greg Husten	176' 2"	1999